**Table Summarising Research and Other Studies**

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| **Title** | **Researcher/**  **Authors** | **Date** | **Methodology** | **Description or Publication** | **Peer-reviewed or published** |
| Postnatal Depression: An Existential Crisis | Donaghy, M. | 2001 | Qualitative PBR, Existential Phenomenological | (MA Thesis). New School of Counselling & Psychotherapy, The University of Sheffield | No |
| Developing The Couple Perspective In Parenting Support: Evaluation Of A Service Initiative For Vulnerable Families. | Clulow, C. & Donaghy, M. | 2010 | Quantitative and qualitative | Evaluation of the Parent Project for The Tavistock Centre for Couples Relationship (TCCR)  Journal Of Family Therapy, 32(2), 142–168. | Yes |
| Baby and Me Evaluation Report(s) | Donaghy, M. | 2011-15 | Action research (utilising mixed methods) | Evaluation of a psycho-education group program for 'mothers with complex needs'. | No |
| Postnatal Counselling: Early Intervention for Mothers with Postnatal Depression | Donaghy, M. | 2012 | Quantitative and qualitative | Review of data for 'Promising Practice' Validation Centre for Excellence and Outcomes (C4EO) in Children's and young Peoples services | Peer reviewed Published online |
| Postnatal Counselling: Early Intervention for Mothers with Postnatal Depression | Donaghy, M. | 2014 | Quantitative and qualitative | Review of data for 'Full Validation' Centre for Excellence and Outcomes (C4EO) in Children's and Young Peoples services | Peer reviewed Published online |
| Perinatal Counselling: Early Intervention For New And Expectant Mothers | Public Health England | 2016 | Pluralist - organisation Case study | Case study of 'How MumsAid’s perinatal counselling service is supporting mothers experiencing mental health difficulties' | Published online |
| Supporting Young Mothers | Donaghy, M., McGuinness, S., & Smith, K. | 2017 | Action research (utilising mixed methods) | International Journal of Parenting Education, 4(3).  Article summarising findings of PBR | Yes |
| Delivering Perinatal Counselling To Diverse And Marginalised Mothers: An Overview | Donaghy, M. | 2018 | Quantitative and qualitative overview of PBR | Poster presentation, MMHA Annual Conference, London | No |
| MumsAid: Delivering Services To Support New Mothers’ Mental Health Needs | Donaghy, M., & Harland, C. | 2019 | Quantitative and qualitative | Perspectives In Public Health (SAGE Journals), 139(4), 175-176. Doi:[10.1177/1757913919850965](https://doi.org/10.1177/1757913919850965) | Peer reviewed published online |
| MumsAid: Evaluation Of A Perinatal Counselling Service. | Robotham, D. & Wood, L. | 2020 | Quantitative and qualitative | External evaluation of MumsAid's services by The McPin Foundation | Online |
| Understanding The Barriers To Accessing Perinatal Mental Health Services: Royal Borough Of Greenwich | Wood, L. | 2021 | Mixed methods | Commissioned by NHS England (completed by Consultant for MumsAid) | Online currently, awaiting publication |
| A reflexive review of a biopsychosocial intervention to support new mothers with perinatal mental health issues: | Donaghy, M. | 2021 | Mixed methods | Doctoral thesis for DPsyche - A consideration of the development and impact of the charity MumsAid and the integrative STARK model | Published online |