

## Clinical Supervisor Job Description

- Salary: £42,000 pro rata
- Hours: 1 day (7.5 hours) per week, ideally Tuesday morning and Wednesday afternoon
- Contract: 6 months with potential for extension (subject to securing further funding)
- Start date: ASAP
- Location: Blackheath, Greenwich (flexible working welcomed and a willingness to work online, using Zoom or similar, when required due to the COVID-19 situation)
- Reporting to: MumsAid's CEO
- Closing date: **Monday 18<sup>th</sup> May 2020**

### Overview of MumsAid

MumsAid is a maternal mental health charity that was founded in 2012 to address the lack of support for mothers during pregnancy and after birth. We believe passionately that pregnancy and new motherhood can be an exciting, but also challenging, time, and that the right support can make a difference, not just to mothers but to the healthy emotional development of their babies, and the broader well-being of their families and communities.

Since its inception, MumsAid has delivered a growing programme of support during the perinatal period (pregnancy, birth and the early infant years). This has included counselling and psychotherapy, therapeutic groups, befriending support by trained peer volunteers, training for frontline staff, clinical supervision, and an active social media presence aimed at providing support to mothers and raising awareness.

Our therapy is open to women of all backgrounds, but we have a particular focus on marginalised groups within our local community, including mothers from BME communities, those on low incomes and single mothers. We also run YoungMumsAid, a bespoke therapy programme for teenage and young mothers with complex needs. We work primarily in Greenwich, but have plans to expand our reach to new audiences and areas.

Our work has a proven positive impact on maternal mental health. A [2019 evaluation](#) by McPin Foundation found that: *“MumsAid clients significantly improved in all outcomes after receiving the service (wellbeing, confidence, bonding, perceived stress), these improvements were drastic and appeared to be maintained after the therapy was complete. Clients provided almost universally positive feedback about their experiences, including how important the*

*service had been for them. MumsAid is not only providing essential support for the local area but is potentially providing a service which could be expanded into other areas.”*

We have been highlighted by [Public Health England](#) as a case study for good practice in perinatal mental health, and in 2018 we received two prestigious national awards: The Maternal Mental Health Alliance (MMHA) [Award for Inclusivity and Diversity](#); and The Royal Society for Public Health (RSPH) [Award for Mental Health and Wellbeing](#).

MumsAid was originally set up as a Community Interest Company, but became a registered charity in 2018. For further information about our work see: <https://www.mums-aid.org>

## **Key responsibilities**

- To provide group supervision (and individual where appropriate) to counsellors/psychotherapists at MumsAid. Most are placement students in the later stages of training and with some existing clinical experience, though some are already qualified.
- To be line managed by the CEO of MumsAid, who is an experienced psychotherapist and supervisor.
- To be committed to ongoing supervision of supervision practice.
- To adhere to the BACP Ethical Framework.
- To have a working understanding of and abide by all of MumsAid’s policies and procedures.
- To address any risk or safeguarding issues that come up through supervision.
- To maintain clinical records of supervision and communicate with the CEO of MumsAid on a regular basis.
- To contribute to practitioners’ appraisals, including writing an annual supervisor’s report.
- To support CPD activities within the organisation when required.
- To attend planning meetings, reviews and practitioner interviews as appropriate.

There is currently some flexibility over how the time for this role is structured, but once the current lockdown eases a Tuesday morning and a Wednesday afternoon will be required.

Supervision would usually be held at MumsAid’s office in Blackheath but, due to the current COVID-19 situation, it will need to be delivered online, using Zoom or an equivalent video conferencing platform, during this and any subsequent lockdowns.

## **Person specification**

### ***Experience and qualifications:***

*Essential*

- Psychotherapy or counselling qualification, with a minimum of 5 years post-qualification status as a counsellor/psychotherapist.
- Qualification in clinical supervision or extensive supervisory experience in a mental health setting, including a minimum of 2 years' experience supervising groups and individual counsellors/psychotherapists from a range of training backgrounds.
- Recognised accreditation with the UKCP/BACP/HPC.
- Knowledge of perinatal mental health.
- Understanding of issues regarding confidentiality, GDPR, safeguarding and management of risk within a therapeutic relationship.
- Good administrative and record-keeping skills.
- An Enhanced DBS without barring.

#### *Desirable*

- Experience in delivering training to counsellors/psychotherapists.
- Some understanding of the voluntary sector.
- Experience in using clinical outcomes scales, including those relevant to perinatal mental health, such as the Edinburgh Postnatal Depression Scale and the Perceived Stress Scale.

#### ***Personal attributes and interests:***

- Resilience, reliability, flexibility.
- Strong communication skills.
- Open and collaborative approach.
- Passionate about supporting maternal mental health.
- Commitment to, and interest in, the overall development of MumsAid's work.
- Commitment to continuing professional development.

### **Application process**

Candidates should submit a CV and covering letter addressed to the CEO, Miriam Donaghy, explaining their interest in the role and outlining their relevant experience and skills, by email to [recruitment@mums-aid.org](mailto:recruitment@mums-aid.org) by the close of business on **Monday 18th May 2020**.

Please feel free to email this address in the meantime if you have any questions about the role or would like further information.